

LA CROSSE COUNTRY CLUB JUNIOR GOLF

OBJECTIVE

The objective of the Junior Golf program is to promote the game of golf. Participation, not competition, is the goal of our Junior Program. Junior Golfers not only learn about the game of golf in our program, but also learn etiquette, honesty, and perseverance. Participants will improve, thus further enhancing their enjoyment of the game. Hopefully, as a result, this will increase their desire to play the game of golf.

ELIGIBILITY

Only children of current golf members are eligible to participate in Junior Golf.

Parents & Volunteers

The success of our program is dependent upon Junior Golf Parents and volunteers. In order to make the program successful, we require that a parent volunteer for at least 2 days over the course of the program. Please choose at least 2 volunteer dates on the registration form. We need an adequate number of parents each week so all Juniors get out to play. *In the event there is a shortage of parent volunteers, Junior Golfers **will not** be allowed on the golf course.*

JUNIOR GOLF LESSON SCHEDULE

Wednesday	June 9
Wednesday	June 16
Wednesday	June 23
Wednesday	June 30
Wednesday	July 7
Wednesday	July 14
Wednesday	July 21
Wednesday	July 28
**Wednesday & Thursday	July 28 & 29

JUNIOR GOLF FUN DAY (Wednesday July 28, 2010)

**La Crosse Country Club Junior Championship (18 & 9 holers only)

Golf Shop # (608) 781-5562
Jim Kjellenberg, PGA Professional
Joe DeRosa, PGA Assistant Professional
Mike Lindahl, Assistant Professional

LA CROSSE COUNTRY CLUB JUNIOR GOLF

WEDNESDAY LESSONS

ALL JUNIOR GOLFERS ARE ENCOURAGED TO TAKE PART IN THE
VALUABLE INSTRUCTION ON WEDNESDAYS!

7:15 a.m. Lessons for the 18-holers
8:00 a.m. Lessons for the 9-holers
9:00 a.m. Lessons for the 4-holers and 2-holers
10:00 a.m. Lessons for the No-holers

WEDNESDAY PLAY

Following the Junior Lessons, the Junior Golfers will be sent out on the golf course to gain experience and utilize the skills discussed in the lesson. 18-holers and 9-holers are allowed to play in groups on their own. 4-holers and 2-holers are required to have an adult walker with them at all times. Groups without adult walkers will **not** be allowed on the course. 18-holers will tee off at 8:00. 9-holers will begin teeing off at approximately 8:30. 4-holers and 2-holers will begin teeing off at approximately 9:30.

No-holers are Juniors who are just learning how to play. On Junior Day there will be a supervised practice time, utilizing our outstanding practice facility. When the Junior is ready to try playing the course, he/she will be able to play with the 2-holers.

An Important Notice

The rules and regulations of the La Crosse Country Club require any Junior under the age of 10 to be accompanied by an adult at all times.

REGISTRATION FOR JUNIOR GOLF
RETURN THIS FORM BEFORE THE FIRST JUNIOR GOLF SESSION

JUNIOR INFORMATION

Fee per Junior Golfer- \$30 (Pool Tennis members: \$100 first child/\$50 additional children. Does not allow additional course privileges.)

Golfer's Name _____ D.O.B. _____ Age _____ Group _____
(18, 9, 4, 2, or no-holers)

Golfer's Name _____ D.O.B. _____ Age _____ Group _____

Golfer's Name _____ D.O.B. _____ Age _____ Group _____

Golfer's Name _____ D.O.B. _____ Age _____ Group _____

Parent's Name _____

Phone Number _____

Volunteer Dates

AT LEAST 2 VOLUNTEER DATES REQUIRED

_____ June 9 _____ June 16 _____ June 23 _____ June 30

_____ July 7 _____ July 14 _____ July 21

Signature of Parent or Guardian

Date

The L.C.C. Junior Golf Program takes every step possible to insure the safety of the junior golfers. However, in order to participate, each child must have their parent/guardian sign the above to acknowledge their responsibility in case of injury.

Date Received _____ Approved _____

LA CROSSE COUNTRY CLUB SWIM LESSONS

Dear Parents,

This year we will again be offering three sessions of swimming lessons. **The cost is \$5.00 per child, per session.** Please note that sign up is based on a first come first serve basis as class space is limited.

Session I: June 14—July 2
Session II: July 6—July 23
Session III: July 26—August 6

*Private lessons are also available throughout the summer by contacting the pool supervisor.

Sincerely,
Hailey Hyland, Pool Supervisor

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REGISTRATION FOR SWIMMING LESSONS

Session 1 _____ Session 2 _____ Session 3 _____ (Check appropriate slot)

Swimmer's Name _____ D.O.B. _____ Age _____ Level** _____

Swimmer's Name _____ D.O.B. _____ Age _____ Level _____

Swimmer's Name _____ D.O.B. _____ Age _____ Level _____

Swimmer's Name _____ D.O.B. _____ Age _____ Level _____

Parent/Guardian Name _____ Phone Number _____

_____ Account # _____

Parent/Guardian Signature

Date

The LCCC Junior Swimming Program takes every step possible to insure the safety of the junior swimmers. However, in order to participate, each child must have their parent/guardian sign the above to acknowledge their responsibility in case of injury.

Approved by _____ Date _____

**Pool Staff can help with appropriate placement of swimmers regarding the levels.

SUMMER 2010 SWIM TEAM REGISTRATION

What: La Crosse Country Club Barracuda Swim Team

Who: Children up to age 17 (Please use the child's age as of June 1st)

When: Practices run from June 7—July 23.

All Ages

Monday: 10:00-11:00 a.m.

Tuesday: 10:00-11:00 a.m.

Thursday: 10:00-11:00 a.m.

Friday: 10:00-11:00 a.m.

Swimmers: We strongly encourage swimmers to attend practices as much as possible. There will be eight swim meets this season on either Tuesday evenings or on Saturday mornings. We strongly encourage your support at our home swim meets. This year we will be hosting three home meets. I strongly recommend that each family sign up to volunteer for at least one swim meet, as parent volunteers are essential in running smooth, efficient meets.

Meets: See Attached Sheet

Suits: We will be purchasing new suits this year. Samples of the suit will be available to try on. Please contact Hailey Hyland.

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Please Complete and detach the registration form and return to the club.

You may send this to:
La Crosse Country Club
300 Marcou Road
Onalaska, WI 54650

Account # _____

Swimmer's Name	Age	Preferred Strokes
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Parent Signature: _____

Phone#: _____

LA CROSSE COUNTRY CLUB JUNIOR TENNIS

May 12.....6:30-7:30 p.m....Junior Sign-up Night
June 10.....Junior Classes begin
(Intermediate & Competitive 6th-8th)
June 14.....Junior Beginners Classes Begin (Session I)
July 5.....Junior Classes (Session II) Begin
July 13-14.....Junior Club Championship
July 19-August 1.....Parent-Child Championships
July 21..11:00 a.m.-12:45 p.m..Junior Achievement Day
and Mini-Carnival
July 26.....Junior Classes (Session III) Begin
July 31.....2:00-4:00 p.m....Pool/Tennis Olympics

WEEKLY CLASS DESCRIPTIONS

JUNIOR BEGINNERS*

Fun, Fundamentals, Fair Play, Friends

Fee: \$8 per class per month. Sign up at Junior Registration Night

*Children in these classes must have reached the specified age before the first class of a session

AGES 5-7 The 4 basic shots, the 5 fundamentals, safety, co-operative games

AGES 8-10 Basic shots: forehand, backhand, volley, and serve. Tennis etiquette, rules and scoring, tennis-related games

AGES 11-13 The 4 basic shots, lob and overhead smash, doubles play

FRIDAY FUN DAY FOR AGES 5-10 Tennis-related games for all those registered in Junior Weekly Classes

JUNIOR INTERMEDIATE/RECREATIONAL

Learning the fun of playing a lifetime sport

Fee: \$45 per class per month. Sign up at Junior Registration Night

AGES 8-10 Review of basic shots; improving the serve; lob and overhead smash; USTA Quick Start tennis (playing games with modified scoring)

AGES 11-13 Serve and return of serve; doubles positioning; introduction to doubles strategy

JUNIOR COMPETITIVE

Fee: \$50 per class per month. Sign up at Junior Registration Night or with Pro

Entering 6th thru 8th Grade Playing singles games with regular scoring; approach and volley; singles and doubles practice drills, training for Coulee Region summer tournaments and Wisconsin USPTA Rookie Circuit, and preparation for high school varsity play

HIGH SCHOOL PLAYERS

Fee: \$50 per class per month. Sign up at Jr Registration Night or with Pro

ENTERING 9TH THRU 12TH GRADE Doubles formations; physical and social skills; serve and volley; spin serves; tennis as a lifetime sport and or training for high school team play

LCC TENNIS WEEKLY EVENTS SCHEDULE

MONDAY

11:00-11:45 a.m.....Beginners ages 5-7
 12:00-12:45 p.m.Beginners ages 8-10
 12:00-12:45 p.m.Beginners ages 11-13
 2:30-4:00 p.m.....High School 9th-12th grade

WEDNESDAY

11:00-11:45 a.m.....Beginners ages 5-7
 12:00-12:45 p.m.Beginners ages 8-10
 12:00-12:45 p.m.Beginners ages 11-13
 2:30-4:00 p.m...High School 9th through 12th grade

TUESDAY

11:00-12:00 Noon.....Intermediate ages 11-13
 12:00-1:00 p.m.Intermediate ages 8-10
 1:00-2:30 p.m.....Competitive 6th-8th grade

THURSDAY

11:00-12:00 Noon Intermediate ages 11-13
 12:00-1:00 p.m.Intermediate ages 8-10
 1:00-2:30 p.m..... Competitive 6th-8th grade

FRIDAY
 12:00-12:45 p.m.....Friday Fun Day for Kids

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REGISTRATION FOR TENNIS LESSONS

Tennis Player's Name _____ D.O.B. (Ex: 12 May 2010) _____

Tennis Player's Name _____ D.O.B. (Ex: 12 May 2010) _____

Tennis Player's Name _____ D.O.B. (Ex: 12 May 2010) _____

Tennis Player's Name _____ D.O.B. (Ex: 12 May 2010) _____

Parent's Name _____

Phone Number (home) _____

Phone Number (cell) _____

Signature of Parent or Guardian **Date**

The L.C.C Junior Tennis Program takes every step possible to ensure the safety of the junior tennis players. However, in order to participate, each child must have their parent/guardian sign the above to acknowledge their responsibility in case of injury.

Date Received _____ Approved _____